



YATA 2018 CONFERENCE

LET'S TALK F2F: *How technology is impacting young adults*

AGENDA

Inform-Educate-Inspire-Advocate		
ANNUAL CORPORATE SPONSORS		
~ DRAGONFLY TRANSITIONS ~		
~ BENCHMARK TRANSITIONS ~		
~ AIM HOUSE ~		
Wednesday, October 17th – The Coeur d’Alene Resort Conference Center		Location
11:00 am – 4:00 pm	Golf (on your own)– The Coeur d’Alene Resort Golf Course	Golf Course
4:00 pm – 8:00 pm	Exhibits Open (See list in program)	East Conference Center Lobby
4:00 pm – 8:00 pm	Registration/Hospitality Desk Open ~ <i>Platinum Co-sponsors: Cascade Crest Transitions and Elements Traverse</i>	East Conference Center Lobby
6:00 pm – 7:30 pm	Welcome Reception ~ <i>Platinum Co-sponsors: Cascade Crest Transitions and Elements Traverse</i>	Casco Bay/ Kidd Island
Thursday, October 18th – The Coeur d’Alene Resort Conference Center		Location
8:00 am – 1:30 pm	Registration/Hospitality Desk Open ~ <i>Platinum Co-sponsors: Cascade Crest Transitions and Elements Traverse</i>	East Conference Center Lobby
8:00 am – 5:00 pm	Exhibits Open (See list in program)	East Conference Center Lobby
8:00 am – 8:30 am	Continental Breakfast for all Attendees ~ <i>Sponsored by YATA</i>	Bay 4
8:30 am – 9:30 am	Conference Welcome & Opening Remarks ANDREW TAYLOR , MBA, Co-Founder and Executive Director – Pure Life Aspiro <i>iGen: It’s Complicated</i>	Bay 4
9:30 am – 9:45 am	Morning Break – Time for yourself or to check voicemail/email	

	Thursday Morning Breakout Sessions I	
9:45 am – 11:15 am	Breakout 1: Friend or Foe: An exploration into the role technology plays in young adult mental health <i>Lecture: Clinical, Educational</i> John Tobias, MS, ACMHC; Therapist - Evoke Entrada Tim Mullins, MA, LCPC; Therapist - Evoke Entrada	Bay 4
	Breakout 2: The Effects of Neurofeedback on Technology-Impacted Brains <i>Lecture: Educational</i> Dianne Kosto, CEO & Founder; SYMMETRY Neuro-Pathway Training	The Shore Room
	Breakout 3: Back to the Future: Preparing Young Adults for transition in the age of technology <i>Lecture: Clinical</i> Mike Sullivan, MA, LMHC; Alumni & Family Services Director - Pacific Quest Johnny Tock, MA, LPC; Admissions & Business Development Director - reSTART Program	Bay 6
11:15 am – 11:30 am	Morning Break – Coffee and Tea	East Conference Center Lobby
11:30 am – 1:00 pm	Keynote Speaker: LEE DANIEL KRAVETZ Best-selling Author, MFTi Psychotherapist STRANGE CONTAGION: Inside the surprising science of infectious behaviors and viral emotions and what they tell us about ourselves	Bay 4
1:00 pm – 1:15 pm	Afternoon Break – Time for yourself or to check voicemail/email	
1:15 pm – 2:30 pm	Lunch – All Attendees ~ Silver Sponsor: Red Mountain Sedona	Bay 5
	Thursday Afternoon Breakout Sessions II	
2:30 pm – 4:00 pm	Breakout 1: #IRL (#In Real Life): Tracing technology through treatment <i>Lecture: Clinical</i> Mariah Loftin, MA, LPC; Therapist - Open Sky Wilderness Dr. Aaron Wallis, PhD, LP; Therapist – Open Sky Wilderness Casey Sims, MSW, CSWA; Therapist – Dragonfly Transitions	Bay 4
	Breakout 2: The 24-Year Old Virgin: How technology is creating a generation of intellectualized dummies <i>Lecture: Clinical</i> Jill Rickel, MS, CEP; Educational Consultant – Academic Options Chris Blankenship, LSW; Therapist - Open Sky Wilderness	Bay 6
	Breakout 3: Leadership & Activism: Social justice and the ways technology enhances the issues young adults are participating in today. <i>Experiential: Educational</i> Donna Weinberger; CEO, Founder – Inspire Recovery Leah Rothschild; Community Outreach Coordinator – Inspire Recovery	The Shore Room
	Breakout 4: Invisible Land Mines: Examining trauma’s role in struggling young adults <i>Lecture: Clinical</i> Steve Sawyer, LCSW, CSAC; Senior Clinical Advisor, Co-Founder – New Vision Wilderness	Bay 5
4:00 pm – 4:30 pm	Afternoon Break	

4:30 pm – 6:00 pm	Fireside Chat ~ Reception: ~Partner Sponsor: OPEN SKY WILDERNESS THERAPY An informal fireside chat for professionals – join us for a beverage and gather to continue the discussion on the impacts of technology on all of us	Whispers Lounge Main Lobby
6:00 pm	Free evening - hosted receptions, open houses, dinners	
Friday, October 19th – The Coeur d’Alene Resort Conference Center		Location
8:30 am – 12:30 pm	Exhibits Open	East Conference Center Lobby
8:30 am – 9:00 am	Continental Breakfast for all Attendees ~Sponsored by YATA	Bay 4
9:00 am - 10:30 am	Featured Speaker: DANIEL CONROY Co-founder AIM House; Founder CU Boulder Collegiate Recovery Center #unchartedterritory: How we can harness the new interconnectivity and tech advancements to help our clients achieve success and health	Bay 4
10:30 am – 11:00 am	Morning Break – Coffee and Tea	East Conference Center Lobby
11:00 am – 12:30 pm	Friday Breakout Sessions III	
	Breakout 1: Unplugged <i>Lecture: Clinical</i> Alisa Foreman , LMFT; Clinical Director - OPI Jessica Breton , MA, LMFT; Executive Director - OPI	Bay 6
	Breakout 2: Opportunities and Obstacles - The impact of technology for LGBTQ young people <i>Lecture: Clinical/Cultural</i> Beck Gee-Cohen , MA, LADC; The Romeyn Collective	Bay 4
	Breakout 3: A Mindful Approach to Technology <i>Experiential: Environment of Care</i> Joshua White , Sensei, MA, LCMHC, CGP; Executive Director - Red Mountain Sedona	Bay 5
12:30 pm – 1:30 pm	Afternoon Break – Time for yourself or to check voicemail/email	

1:30 pm – 2:00 pm	Board Cruise Boat Mish-an-Nock – The Coeur d’Alene Resort – East Side @ Boardwalk Marina (Leaves promptly at 2:00 pm!)	East Side of Hotel
2:00 pm – 4:00 pm	Lake Coeur d’Alene Cruise and Roundtable Wrap-up - All Attendees (Appetizers and Beverages) <i>~Gold Co-Sponsors: New Vision Wilderness; CALO Young Adults and The Experiential Learning Institute</i>	Mish-an-Nock Cruise Boat
4:00 pm	Return to Hotel Dock, Conference Ends	
	Open evening to explore Coeur d’Alene and enjoy old and new friends!	
	Thank you for joining us for our 5 th Annual Conference!!!	